

# Confident Me!

Age group 10-12 years

Me!

A 10 week programme designed for children aged 10 – 12 who have experienced adversity and difficulty in their young lives. The programme looks at hopes and dreams, our emotions and developing skills to manage difficult situations.

Every Thursday at 5.30pm in

Kells Family Resource Centre

Cost €25

Queries to  
046 9247161

