



For Safer Internet Day 2022 **Webwise and the National Parents Council** are calling on all families to **#TalkListenLearn** and help both children and parents talk about the benefits and the challenges of the online world. The online world is a big part of children's and teenager's lives. It is important to be involved with what they are doing online, and by talking, listening and learning together as a family it will help to support them to both navigate the challenges and make the most of the digital environment.



TALK

The best way to support your child to have a safe and positive experience, regardless of age, is to talk with them about what they are doing online.

- Start that chat on the right footing using the fun and engaging Webwise **#TalkListenLearn** Topic Generator! The Topic Generator gives families conversation starter questions that will allow parents and children to talk about key online safety topics including privacy, safety, sharing online, and false information.
- The Webwise Parents Hub also provides Talking Points to support parents to have a conversation about a range of tricky topics

LISTEN

Listen to what your child has to say, and make discussions about their online activities a regular part of family life. Showing your child that you are interested, and value what they have to say, will help give them the confidence to speak to you if they need support.

- Encourage your child to tell you about what they like doing online and what websites they use.
- Ask them about their opinions on technology and internet, and what concerns they may have.
- Keep an open mind, listen to what they have to say, and reassure them that they can always come to you if they need help.
- Listen to the experts! Visit the Webwise Parents Hub for advice from parenting, education, technology and psychology experts on a range of key online safety topics.



LEARN

The internet is a fantastic resource which gives children and young people the opportunity to learn, create, research, play games, have fun and connect with other people. Learning about what they are doing online will help parents to support their child to do this safely, responsibly and positively.

- Join in and discover the internet together. Why not set aside some time to play your child's favourite online game, watch videos they like with them, or to explore their favourite apps.
- Just like in day to day life, the activities, opportunities and challenges of the online world can be an evolving journey for you and your child. The Webwise Parents Hub has a range of free information and resources to support you as you support your child in the digital world. Parents can also access free online training from the National Parents Council, book a parent training session for your local school, and access their parent's Helpline on 01 8874477.

